Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback.

IUSM Student Research Program in Academic Medicine

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

Maybe

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

**MAHE IUSM-Fort Wayne Summer Research Program**

Q2: What would you classify your 2016 summer experience?

**Clinical Research**

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

MAHE is a summer research program in which students in college and various interdisciplinary medical programs team up with local physicians for a low stress clinical research experience. Many including myself were given opportunities to shadow and use the parkview skills train simulations. Overall, it's not a bad way to spend your summer.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Don't keep yourself too busy for your last summer ever. Take every opportunity to relax!
<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Q1:</strong> We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?</td>
<td>NIDDK Medical Student Research Program in Diabetes</td>
</tr>
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<td>Flexible program with many different location available. Was able to shadow in addition to conducting bench research. Got a publication working on established project and was able to take on other new projects. You are able to make what you want of this.</td>
</tr>
<tr>
<td><strong>Q4:</strong> If you had to do it all over again, would you do this program again?</td>
<td>Maybe</td>
</tr>
<tr>
<td><strong>Q5:</strong> How did you find out about this program?</td>
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<td><strong>Q6:</strong> What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</td>
<td>Don't stress too much.</td>
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Other (whether you did something self-directed or nothing at all)

Other (please specify) Student Research Program in Academic Medicine

### Q2: What would you classify your 2016 summer experience?

Clinical Research

### Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I enjoyed clinical research because it was a great opportunity to gain clinical perspective while simultaneously gaining research experience and publications.

### Q4: If you had to do it all over again, would you do this program again?

Yes

### Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

### Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Make sure to take time to relax every so often.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)
Month of shadowing and assisting an orthopedic trauma team

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I was given the opportunity to shadow and assist a team of orthopedic trauma surgeons in Louisville. In clinic I mostly shadowed and was allowed to remove some staples and sutures. They allowed me to scrub in to any surgery that needed hands and I held tools for them.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify)
a family friend that is a physician in Louisville

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Find something for part of the summer that is interesting to you and will benefit your academic and career desires but also make sure to use your summer to relax and regain your energy and passion for medicine.
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<tr>
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<td>I did this because it will look good on my CV</td>
</tr>
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<td>Q4: If you had to do it all over again, would you do this program again?</td>
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<tr>
<td>Q5: How did you find out about this program?</td>
<td>From the IUSM Office of Student Financial Services, From a student colleague</td>
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<td>I worked in a lab within the Center for Diabetes and Metabolic Disorders. My project focused on investigating a potential biomarker of Type 1 Diabetes. I also had the opportunity to shadow a pediatric endocrinologist in clinic once a week. Although I do not intend to pursue a career in research, it was very interesting to learn how medical research is conducted. I really enjoyed shadowing my PI as well, and I am now definitely considering pediatric endocrinology as a potential specialty.</td>
</tr>
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<td>Q4: If you had to do it all over again, would you do this program again?</td>
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<td>Q6: What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</td>
<td>Make sure to choose a summer activity (whether that's research, shadowing, working at a camp) that you're actually excited about. You don't want to be stressed or miserable the whole summer, because this is the time to relax and recharge for second year. Also, even if you choose a program that runs the entire summer, don't be afraid to take time off for a vacation or relaxing. Self-care this summer cannot be overemphasized, and you will really need to dedicate some time to rest and reset!</td>
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IUSM Bone Biology Summer Research Program

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do something over the summer like research or shadowing but don't make it your main experience! Keep the workload light and do whatever you want! Try to connect with as many classmates as possible. This is your LAST summer to enjoy, so make it count!
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Memorial Sloan Kettering Cancer Center's Medical Student Summer Fellowship Research Program

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The Memorial Sloan Kettering Summer Fellowship Program is focused around research, both clinical and lab. Therefore you can find a specialty and they type of research that interests you. Also, aside from the research you are also sent to numerous talks in cancer, have shadowing time weekly in your department, get to participate in some of the most challenge cases in cancer, learn aside residents and fellows, and get papers out the door. There is a $5800 dollar stipend that ends up being around 4400 after taxed and the first payment doesn't start until a month after being in the program. So plan accordingly. Overall great experience to get papers out at a high institute, make great connections in the field of interest, and learn intensly in the cancer field with modern treatments. Also to note if you apply to their elections in your 3rd and 4th year after attending this program they waive all of the application fees.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research, From the IUSM Office of Student Financial Services
Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

If you are thinking about a competitive residency then go over the top and prepare yourself by doing summer experience in that field. Then later if you change your specialty to a less competitive one then you are just over prepared and have even better choices.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify) SRPinAM

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Respondent skipped this question
| Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? | AHEC Summer Program through the IUSM Dept of Family Medicine |
| Q2: What would you classify your 2016 summer experience? | Physician Shadowing Experience |
| Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. | Respondent skipped this question |
| Q4: If you had to do it all over again, would you do this program again? | Yes |
| Q5: How did you find out about this program? | From the IUSM Office of Student Financial Services |
| Q6: What "words of wisdom" would you impart on your Class of 2020 classmates? | Respondent skipped this question |
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSM Student Research Program in Academic Medicine

**Q2:** What would you classify your 2016 summer experience?

Basic Science Research

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked as a research intern for a laboratory here at IUSM in Indianapolis. It is hard to recommend this program for me because my experience was not the best. I was in an understaffed laboratory that took too many students, reducing our exposure and training to the field. I do like the program though, because depending on the laboratory you are placed in, you may really get something out of this summer. My recommendation is that if you do this program, ask to shadow in the laboratory you are assigned and make sure it is a good fit.

**Q4:** If you had to do it all over again, would you do this program again?

No

**Q5:** How did you find out about this program?

From a student colleague

**Q6:** What “words of wisdom” would you impart on your Class of 2020 classmates?

First two year grades do not matter. They will not determine what kind of physician you will be. Step 1 score does matter. It will determine what type of medicine you can practice and where you will train. Never forget this.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

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Q4: If you had to do it all over again, would you do this program again?

Q5: How did you find out about this program?

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Summer goes by fast - enjoy it while you can. Don't study.
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

**Roswell Park Summer Oncology Research Program**

**Q2:** What would you classify your 2016 summer experience?

**Clinical Research**

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked as an intern for the Roswell Park Cancer Institute in their Summer Research Program. I met fantastic, talented students from other medical schools and expanded my professional network to places beyond Indianapolis. I highly encourage others to seek similar opportunities.

**Q4:** If you had to do it all over again, would you do this program again?

**Yes**

**Q5:** How did you find out about this program?

**From the IUSM Office of Student Financial Services**

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

With regard to summer plans, do whatever you feel most passionate about doing. There are an abundance of opportunities and this is your time. You will have completed a grueling first year and now you have time to choose something to fill your months off that can mean the most to you moving forward. Explore your options!
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)

IUSM PREGMED Summer Research Internship - Clinical research in the OBGYN Department at Eskenazi w/ Dr. David Haas

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

As a PREGMED intern, I participated in clinical research activities including recruitment, informed consent, sample collection, and preparation of study materials. I also had the opportunity to help write a literature review. This was a great overall exposure to clinical research, and allowed me to spend a lot of time in the clinic and with patients. I also spent a day shadowing in the OR and on Labor and Delivery.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do what will make you happy! Don't feel like you have to do a certain type of research or program in the summer. I would have been miserable if I had done lab bench research for example, so I knew SRPinAM was not the right fit for me. Also, my program was only 20 hours a week which I highly recommend, because I was allowed to take time for myself and visit friends and family.
#16

**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

- **Student Research Training Program (SRTP) in Diabetes and Obesity, Kidney Disease and Digestive Disease**

**Q2:** What would you classify your 2016 summer experience?

- **Basic Science Research**

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

- This program gave students an opportunity to conduct research at a major institution with state of the art technology/labs. There was not a lot of busy work, and it really focused on us learning in the specialty we selected.

**Q4:** If you had to do it all over again, would you do this program again?

- Yes

**Q5:** How did you find out about this program?

- From the IUSM Office of Student Financial Services

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

- Respondent skipped this question
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| Other (whether you did something self-directed or nothing at all) |
| Other (please specify) SRPinAM |

Q2: What would you classify your 2016 summer experience?

- Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The SRP lasts all summer and allows you to do research under a faculty member at IUSM. Many residences want to see that you have done research and have had experience presenting posters, so the SRPinAM program was helpful in satisfying that.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Stay on top of studying. It is easy to get behind very quickly, and once behind, it is difficult to catch up.
<table>
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<td>I did the SRPinAM, which was a good introduction to basic science research in the biochemical field. The major benefit was doing a research program which allowed me to prepare a poster and give a presentation, which can be used on resumes and helps with scientific literacy and public speaking.</td>
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<td>Q4: If you had to do it all over again, would you do this program again?</td>
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<td>Through my own Online Research, From the IUSM Office of Student Financial Services</td>
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Other (whether you did something self-directed or nothing at all)
Other (please specify)
Self-Directed - Emergency Department Research;
Self-Directed - Anticoagulation Pharmacist at St. Vincent

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Emergency Department - Researched utilization of an empathy script in the emergency department to reduce use of CT. I learned a lot about ED workflow and why doctors order scans (sometimes inappropriately)

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Find a good summer opportunity, but be sure to leave some time for yourself to do what you enjoy. It might be one of the last opportunities of extended break that you will have, so it makes sense to use it wisely.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)
IU Center for Bioethics; Center for Health Policy

Q2: What would you classify your 2016 summer experience?

Secondary analysis research; health policy research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Conducted a secondary analysis of data from a colon cancer decision aid trial to examine how many participants made informed decisions regarding colon cancer screening. As a part of this project I also conducted a review of the ways researchers have defined and measured "adequate knowledge" in research on this topic. I also conducted a narrative review of how the healthcare literature has defined "pain clinic" so as to inform better regulation of pain clinics in the state of Indiana. The biggest benefit of these projects was the opportunity to investigate novel research questions and see the diversity that exists in academic medicine and health more generally--it's not all bench-level research.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Contacts I made with faculty at IUSM and IUPUI

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback.

Massachusetts General Hospital Summer Research Trainee Program (SRTP)

Q2: What would you classify your 2016 summer experience?

Basic Science Research, Other (please specify) Basic Science Research combined with Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

This is a great program for URM individuals around the school. This program will allow you to network and meet other URM medical students around the nation who are striving to change the mindset in academic medicine. There is no doubt you will meet these students again through your lifetime. This is a great combination of a basic science research program with great mentors, and physician shadowing that many students want to participate during the summer in order to help them decide an area of medicine they may enjoy before their MS3 year, similar to an HME that most MS1’s will participate in during their first summer break.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services, By accident

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Network and enjoy the work that you are doing. Don't spend your summer doing something you are not passionate about for the sake of just doing it.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

- Other (whether you did something self-directed or nothing at all)
- Other (please specify)
  Clinical pulmonary research at Riley and pediatric summer diabetes camp

Q2: What would you classify your 2016 summer experience?

- Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

- Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

- Yes

Q5: How did you find out about this program?

- Other (please specify)
  I did this research during my masters and was asked to come back for the summer

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

- Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)  
Other (please specify)  
Vacation in France and 2 and a half weeks shadowing surgery at two hospitals in Versailles, France

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Being the last extended summer vacation I decided to spend some time visiting my family in France. My aunt happens to be the chief of surgery at the Centre Hôpital de Versailles And set up some shadowing for me.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify)  
Family

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Get excited! There is no other challenge as rewarding or fun as medical school!
## Class of 2019 - 2016 Summer Experiences

<table>
<thead>
<tr>
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<td><strong>IUSM Student Research Program in Academic Medicine</strong></td>
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<tr>
<th>Q2: What would you classify your 2016 summer experience?</th>
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<tbody>
<tr>
<td><strong>Basic Science Research</strong></td>
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<tr>
<th>Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.</th>
</tr>
</thead>
<tbody>
<tr>
<td>I worked in an endocrinology lab on campus in Indianapolis. The major benefits I think I received from the research program were research experience and getting the chance to interact further with IUSM professors. Other pros were: I was able to stay in Indianapolis and live in my same apartment (didn't have to move or find summer housing); I enjoyed the seminar series that was organized through SRP in AM; I was able to shadow in addition to working on my laboratory research; I had 5 vacation days throughout the summer to use for long weekends; and I formed a good relationship with my mentor. Cons: it lasted the whole summer and I had less than a week off at the beginning of the summer; I didn't have the opportunity to travel or work at other medical schools like some of my classmates did; and I would have liked to gain more clinical experience.</td>
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<tr>
<th>Q4: If you had to do it all over again, would you do this program again?</th>
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<tbody>
<tr>
<td>Yes</td>
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<tr>
<th>Q5: How did you find out about this program?</th>
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<tr>
<td>From the IUSM Office of Student Financial Services</td>
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<tr>
<th>Q6: What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</th>
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<tbody>
<tr>
<td>Look for a summer opportunity that interests you! Even though I did research (and I knew from my basic science research experience in undergrad that research wasn't my favorite activity), I did my research in a field that I think is interesting. This allowed me to also shadow in this area for 3 days throughout the summer, and that was a highlight of my research experience.</td>
</tr>
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</table>
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Q2: What would you classify your 2016 summer experience?

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Q4: If you had to do it all over again, would you do this program again?

Q5: How did you find out about this program?

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?
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Other (please specify)
Ross Trauma and Surgical Critical Care Research Fellowship at Carolinas Healthcare System in Charlotte, NC

Q2: What would you classify your 2016 summer experience?

Clinical Research,
Other (please specify)
Mix of clinical research and physician shadowing experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The Ross Trauma & SCC Fellowship is a program that involves both clinical research and direct shadowing experience in Trauma, Surgery, Intensive/Critical Care, and Emergency Medicine. The program is paid and is 10 weeks long in Charlotte, NC, at Carolinas Medical Center, Charlotte's only Level 1 Trauma Center. This was an incredible opportunity to not only have my name on two publications but to also begin applying basic science knowledge to clinical practice through shadowing. Not to mention, spending a summer in Charlotte, NC.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

You're smart, you got this far, you know how to succeed. Don't let classmates who may have different study techniques and attitudes freak you out. Just remember, you're in this for yourself, no one else, do what you have to do.
<table>
<thead>
<tr>
<th>Question</th>
<th>Response</th>
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<td>My PI's lab was in the VA Hospital. It was nice to be in the hospital setting everyday, but there was a lot of red tape I had to navigate through. After all the stress of MS1, this was a really easy program. Only 40-45 hours a week, and the rest of the day was mine to do with as I please. Plus, Indy is a pretty cool city to spend the summer and not too expensive either. Overall, pretty decent.</td>
</tr>
<tr>
<td><strong>Q4:</strong> If you had to do it all over again, would you do this program again?</td>
<td>Maybe</td>
</tr>
<tr>
<td><strong>Q5:</strong> How did you find out about this program?</td>
<td>From the IUSM Office of Student Financial Services, From a student colleague</td>
</tr>
<tr>
<td><strong>Q6:</strong> What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</td>
<td>Don't worry about shadowing too much. That's what 3rd and 4th year is for.</td>
</tr>
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<td>Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?</td>
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<tr>
<td>IUSM Cancer Center Summer Research Program</td>
<td></td>
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| Q2: What would you classify your 2016 summer experience? |
| Basic Science Research |

| Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. |
| The program definitely helped me become more research literate. I learned a lot of techniques and was able to contribute to research that will be published. I also think that as a whole, the experience wasn't overly demanding and I was still able to enjoy my summer. |

| Q4: If you had to do it all over again, would you do this program again? |
| Yes |

| Q5: How did you find out about this program? |
| From the IUSM Office of Student Financial Services |

| Q6: What "words of wisdom" would you impart on your Class of 2020 classmates? |
| Respondent skipped this question |
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Student Research Training Program (SRTP) in Diabetes and Obesity, Kidney Disease and Digestive Disease

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked on basic research with a focus on digestive disease at Vanderbilt University. The Student Research Training Program had many options for clinical research and basic science research. I was matched with a lab that did basic science research, and though this is not what I thought I would have wanted to do, I absolutely loved it! The program is organized in such a way that students also get exposure to the hospital regardless of their research focus. There were students from medical schools all over the country who participated in this program, and it was great to hang out with other medical students as we all enjoyed the freedom of not needing to study. The research symposium at the end of the summer was a good opportunity to practice making a poster and discussing research. The most important thing I gained from this summer was an appreciation for the incredible amounts of work that go into the evidence-based medicine we learn about every day in class.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Whatever you decide to do with your summer, try to enjoy it! It is possible to do research or work and still recharge at the same time. Overall, just make sure you are able to return from summer refreshed and ready to take on another year!
## Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback.

### Pediatric Oncology Education (POE) Program

**Q2: What would you classify your 2016 summer experience?**

- Clinical Research

**Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.**

I loved the POE program because it is very structured. You have to do a presentation and a paper, and every lunch is provided with an amazing lecture from professionals talking about pediatric cancer or basic science research. You know what is expected of you, and you also have tons of opportunities to attend lectures, conferences, and hear speakers at the hospital at rounds and that sort of thing. You may shadow weekly or even every day, especially if you are in a clinical research position. The mentors realize that you want publications out of this experience, and work hard to have things ready for you when you get there.

**Q4: If you had to do it all over again, would you do this program again?**

- Yes

**Q5: How did you find out about this program?**

- Other (please specify) I did this program in college.

**Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?**

If you want to do research as a clinician, do research during MS1/MS2 summer! I KNOW I will be a clinician who does research, and while I am jealous of my classmates who spend the summer traveling for pleasure, I also know that I did the right thing for my future career. :) I love this program, and I love doing research, and I'm so excited to talk about my experiences during residency interviews.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Q2: What would you classify your 2016 summer experience?

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Q4: If you had to do it all over again, would you do this program again?

Q5: How did you find out about this program?

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do what you want to do, not what you think you should do. Enjoy yourself!
## Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSM Student Research Program in Academic Medicine

## Q2: What would you classify your 2016 summer experience?

Basic Science Research

## Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

This program allowed me to see my interest in research, and allowed me to see that through science it is possible to augment the amount of people we can help via our education.

## Q4: If you had to do it all over again, would you do this program again?

Yes

## Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

## Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Work really hard, but when you feel your mental health draining take time for yourself. You'll do worse if you are drained and sad, and no small increase in grades is worth being unhealthy over.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

- Betty Ford Institute Summer Institute for Medical Students
- Other (please specify)
- Emergency Medicine Summer Program with Indiana Emergency Care

Q2: What would you classify your 2016 summer experience?

- Integrated as part of a healthcare team

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The IEC ER experience allows (and actively encourages) students to provide hands-on care (with direct oversight). I was able to perform a large number of laceration repairs, an intubation, abscess draining, and many other clinical procedures.

Q4: If you had to do it all over again, would you do this program again?

- Yes,
- Other (please specify)

Quite simply, the IEC program is wonderful. The physicians are great and community based. They really make teaching a priority.

Q5: How did you find out about this program?

- From the IUSM Office of Student Financial Services
- From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

If you are really interested in a specific area of medicine with specific requirements (i.e. on that requires research) then make sure to use this summer to get those requirements done. However, if you are open to a lot of areas apply widely for summer programs and choose something that you will actually enjoy. I really wanted to be able to do some hands-on learning this summer, and I chose a program that would allow me to do that, which has made this summer an absolute blast.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

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<table>
<thead>
<tr>
<th>Q4: If you had to do it all over again, would you do this program again?</th>
<th>Yes</th>
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| Q5: How did you find out about this program? | Other (please specify) From faculty at IUSM northwest |

<table>
<thead>
<tr>
<th>Q6: What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</th>
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<tbody>
<tr>
<td>Do something that gives you a lot of free time to enjoy your summer. It's the last one you'll have!! My program was 200 hours over the course of the summer which isn't very many hours per week if you work 6-8 weeks. It allowed me to be productive and do research but also do activities and travel during my time off.</td>
</tr>
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| Pediatric Diabetes Summer Camp |

Q2: What would you classify your 2016 summer experience?

Integrated as part of a healthcare team

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The pediatric diabetes summer camp (aka Camp John Warvel) featured trained healthcare professionals and volunteers who worked with kids 7-18 years of age with Type 1 diabetes. As a member of the medical staff, my work involved monitoring and tracking blood sugars, helping to administer insulin, educating the campers on the management of diabetes, and assisting the dietary staff. The biggest benefit I received from this program was the opportunity to work with young patients and gain confidence in the treatment and management of diabetes. It was an invaluable clinical experience, as well as wonderful way to interact with a great team of healthcare professionals.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify) via email

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Participate in something relevant or educational over the summer because it may reflect upon you when it comes to applying for residency. At the same time, do something that you want to do. If you don't like research, that's ok, find another opportunity where you can gain some experience. This is your one summer to participate in something that genuinely interests you. Be sure to leave some time for rest and relaxation too!
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (please specify)
American Academy of Neurology Summer Scholarship Recipient

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

Yes,
Other (please specify)
I created my own prospective study to understand treatment barriers and preferences in kids with Muscular Dystrophy.

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services,
Through my Student Interest Group (SIG)

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do something you will enjoy and will look good on your resume!
### Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

| Other (please specify) Summer Hoosier Rural Preceptorship (SHRP) |

### Q2: What would you classify your 2016 summer experience?

| Physician Shadowing Experience |

### Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I got to shadow a variety of specialties with a focus on rural family medicine.

### Q4: If you had to do it all over again, would you do this program again?

| Yes |

### Q5: How did you find out about this program?

| Through my own Online Research |

### Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

| Respondent skipped this question |
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Memorial Sloan Kettering Cancer Center's Medical Student Summer Fellowship Research Program

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked at a cancer hospital, so I learn all about cancer treatment and the side effects. One side effect is acute kidney injury. My project for the summer was to evaluate different drugs to treat acute kidney injury that could be loaded into a nanoparticle. Nanoparticles provide a benefit in that they deliver more drug to the diseased tissue and less systemically thus reducing side effects. I really enjoyed this program and would recommend it to incoming students.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Spend the summer doing something interesting that you just want to learn more about.
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

<table>
<thead>
<tr>
<th>Program Type</th>
<th>Comment</th>
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<tbody>
<tr>
<td>IUSM Student Research Program in Academic Medicine</td>
<td></td>
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</table>

**Q2:** What would you classify your 2016 summer experience?

- Basic Science Research

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

- Worked with the Skeletal Biology Division of the Dept. of Anatomy and Cell Biology at IUSM. This experience allowed me to refresh current, and learn new, basic science skills, allowed me to prepare a poster and presentation. One major benefit of this experience is that I will be a coauthor on two publications in relation to my work this summer.

**Q4:** If you had to do it all over again, would you do this program again?

- Yes

**Q5:** How did you find out about this program?

- From the IUSM Office of Student Financial Services
- From a student colleague
- Through my Student Interest Group (SIG)

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

IUSM offers many opportunities to get involved in clinical, volunteer, and research experiences during your summer off between 1st and 2nd year. However, as with all opportunities, you will achieve more the harder you work and apply yourself during the experience.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I chose to do the HME program mainly because I was unsure of which specialty I wanted to pursue. The HME program in Elkhart allowed me to observe 40 different specialties in 8 weeks. Many of the physicians I shadowed allowed me to be hands on (I was first assist in a C-section, completed neurological exams, and scrubbed in on countless surgeries). This program was the perfect break from classroom studying, allowing me to have a laid-back exposure to clinical medicine so that I will be more comfortable working with patients come third year rotations.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research, From the IUSM Office of Student Financial Services, From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

My biggest advice is to do something that will excite you. Don't ever feel pressured to do something because the majority of your classmates are doing it. If you don't want to do research--then don't. If you're passionate about a particular topic--then spend your summer researching it. There is no "right way" to spend your summer, just try to enjoy your time off as much as possible.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Great first hand clinical experience. Incorporated information learned first year- great pharm review too

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services, Other (please specify) Jose Espada!! :)

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Make your summer meaningful even if not through a formal program. Customize to what you want to get out of it.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSM Department of Surgery Research Program

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked on 4 projects, all of which involved reading CT scans and making measurements. I helped write the manuscripts for all of the projects. All the projects will be published.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify)
I have worked with this surgeon for the past 4 years

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Be ambitious and confident and don't stress too much.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

| AHEC Summer Program through the IUSM Dept of Family Medicine |
| Other (please specify) Appalachian Preceptorship through ETSU |

Q2: What would you classify your 2016 summer experience?

| Physician Shadowing Experience |

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

> The AHEC sponsored program is directed towards students interested in family medicine. The major benefit of this program was that I was able to follow physicians in my hometown rather than having to go somewhere completely different for a similar experience. There was also a stipend for the program.

Q4: If you had to do it all over again, would you do this program again?

| Yes |

Q5: How did you find out about this program?

| From the IUSM Office of Student Financial Services |

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

<p>| Respondent skipped this question |</p>
<table>
<thead>
<tr>
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<tr>
<td>MAHE IUSM-Fort Wayne Summer Research Program</td>
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<tbody>
<tr>
<td>registry review with some shadowing</td>
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<tr>
<th>Q4: If you had to do it all over again, would you do this program again?</th>
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<tr>
<td>Yes</td>
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<th>Q5: How did you find out about this program?</th>
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<tr>
<td>From a student colleague</td>
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<td>Respondent skipped this question</td>
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# Class of 2019 - 2016 Summer Experiences

## Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? Cancer in the Under-Privileged, Indigent, or Disadvantaged Summer Fellowship at IUSM

## Q2: What would you classify your 2016 summer experience? Other (please specify) Basic science research, clinical research, and physician shadowing experience. It was all three.

## Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. CUPID is the best program ever. Dr. Zellars is the director of radiation oncology and he developed the program while he was at Johns Hopkins. The program gives you shadowing experience in surgical oncology, medical oncology, and radiation oncology. Then you are assigned a lab mentor at the IUPUI campus. I was provided graduate housing at no expense to me. I was also supplied at gym membership. I was placed in Dr. Theresa Guise's laboratory and continued work on an experiment that had already been published in Nature Medicine. We were also flown to Baltimore to meet the Johns Hopkins students and march the hill in Washington D.C. with cancer survivors. Everyday you are provided with lunch as you watch a lecture that is either at IU or Johns Hopkins. The program has a 5000 dollar stipend. It has everything you want and need in the summer before you second year.

## Q4: If you had to do it all over again, would you do this program again? Yes

## Q5: How did you find out about this program? Other (please specify) Dr. Richard Zellars
Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Study as hard as you can while getting to know your classmates. Work with each other and not against each other. This is a marathon, not a race, and everyone gets tired. You will be thankful to have friends when you get to a low point during the school year. School is always the most important thing (well that's what we tell everyone else) but your health is the biggest aspect. Stay healthy, positive, and never give up! You already accomplished the hardest part of medical school so have fun with the amazing education you are about to receive.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? IUSM Student Research Program in Academic Medicine

Q2: What would you classify your 2016 summer experience? Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again? Yes

Q5: How did you find out about this program? Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates? Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSM Student Research Program in Academic Medicine

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

This summer I conducted research through the SRPinAM program in the Department of Cellular & Integrative Physiology. My research project is focused on the progression of type 2 diabetes and identifying the initial alternations in glucose metabolism before the onset of prediabetes. The first few weeks of my summer were focused on familiarizing myself with the current primary literature and learning to work with mice. Then I spent the remainder of the summer analyzing muscles samples and developing my own experimental protocol. This was a great opportunity to learn more about the relationship of academic research with its clinical application. I was able to develop the skills needed to pursue a career as a research scientist. My mentor helped me organize and plan an experiment as well as prepare to write a first author journal article.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

As far as summer plans go, choose something that interests you! Good luck with first year!
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Child Health Family International (CFHI)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I participated in a program in Córdoba, Argentina organized by Child Family Health International in which I primarily shadowed physicians and took Spanish language classes. It was a well organized program that included a homestay with a local host which I found to be a very positive experience because through that I got insight into the food and culture of the country. My main goal coming in was to improve my Spanish, and I found that daily interactions, whether they were with my host, friends, or people on the street were the most authentic language building experiences.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Enter the fall semester with a healthy mindset - be prepared to work hard and dedicate yourself to your studies but also remember to do the things you enjoyed before. Be sociable with your new classmates- having friends in med school makes the experience more tolerable and infinitely more rewarding.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Memorial Sloan Kettering Cancer Center's Medical Student Summer Fellowship Research Program

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The Summer Fellowship Program at MSK immersed me in the world of cancer research. Because it was a program and not just a research opportunity, I got to experience lectures, grand rounds, and shadowing. This made me feel more comfortable going into second year with more patient interactions.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Start looking into summer opportunities toward the end of Fall semester. This will keep many options open and give you time to find recommendation letters, etc, if you need them.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Q2: What would you classify your 2016 summer experience?

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Q4: If you had to do it all over again, would you do this program again?

Q5: How did you find out about this program?

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Enjoy your summer, but get things done that are difficult to do while in class (e.g. research and shadowing)
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify) Worked at CVS

Q2: What would you classify your 2016 summer experience?

Just relaxed and did nothing (this is ok, too).

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I decided to do some volunteer work around the city and IU SOC while working and taking local hikes.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify) x

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Don't worry about summer, just find something you would be interested in, though starting to plan for summer early is not going to hurt.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback.

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

One week shadowing rotations in St. Catherine's Hospital. It was pretty relaxed and flexible, which was ideal for me, as I was busy getting married this summer.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Don't panic!
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<tr>
<td>Nicaragua Language and Cultural Immersion (replaced El Salvador program from last year)</td>
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| Q4: If you had to do it all over again, would you do this program again? | Maybe |

| Q5: How did you find out about this program? | From the IUSM Office of Student Financial Services, From a student colleague |

| Q6: What "words of wisdom" would you impart on your Class of 2020 classmates? | Don't feel like you have to do research. Do something that will impact your ability to practice medicine well 20 years from now, not something that will pad your resume for residency applications. |
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify) Mayan Medical Aid

Q2: What would you classify your 2016 summer experience?

Integrated as part of a healthcare team

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

This was a good chance to see medicine in a rural setting and improve my Spanish. However, I believe there are better programs available in Central America for those more proficient in Spanish. I also would have liked to spend more time in the clinic. Since you are in a small town the clinic is only open from 9-12 Mon-Fri. It does give you more time to explore the lake region and travel though if you want.

Q4: If you had to do it all over again, would you do this program again?

Maybe

Q5: How did you find out about this program?

Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Find something you enjoy for your "last" summer. Be sure to spend some time with family and friends and to relax a little too
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

With HME, I got to not only shadow physicians but to actually experience being in a field every day for a week. Some of the physicians were even generous enough to let me do a quick patient history before they would enter the room and with others I was given the opportunity to practice suturing.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Only do one of these summer opportunities if you know you will enjoy it. Had I not enjoyed being in the hospital every day with patients it would not have been a worthwhile investment of my time.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSMNIDDK Medical Student Research Program in Diabetes

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Spent the entire summer working in the lab on drugs to target type.1 diabetes. But was able to be hands on in the lab and learn most techniques used in most labs.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Work hard or play hard or do both during your first summer. Just ensure you don't finish it with regrets.
| Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? | IUSM Student Research Program in Academic Medicine |
| Q2: What would you classify your 2016 summer experience? | Basic Science Research |
| Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. | My mentor did well with highlighting the thought process of a research project. She also collaborates a good bit with clinicians, so it was good to see the cross talk between different professions. It was also a good way to get involved in the school. |
| Q4: If you had to do it all over again, would you do this program again? | Yes |
| Q5: How did you find out about this program? | From the IUSM Office of Student Financial Services |
| Q6: What "words of wisdom" would you impart on your Class of 2020 classmates? | I'm really not sure whether or not I have anything wise to say regarding summer research. |
#58  
**Collector:** Web Link 1 (Web Link)  
**Started:** Wednesday, July 20, 2016 8:50:18 AM  
**Last Modified:** Wednesday, July 20, 2016 9:02:14 AM  
**Time Spent:** 00:11:56  
**IP Address:** 107.218.106.214

## Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

**MAHE IUSM-Fort Wayne Summer Research Program**

## Q2: What would you classify your 2016 summer experience?

**Respondent skipped this question**

## Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

For my particular project, I was able to experience the best of both worlds. My project was not too time consuming and I was able to do a lot of it on my own personal computer. I was also able to shadow the physician I was working with and get more 1 on 1 clinical learning time. Since a lot of the work was independent, I was able to go on vacation with my family and enjoy my summer.

## Q4: If you had to do it all over again, would you do this program again?

Yes

## Q5: How did you find out about this program?

From a student colleague

## Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

There is finally light at the end of the tunnel, but don't forget to continue the hard work that got you here in the first place.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback.

Respondent skipped this question

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

Respondent skipped this question

Q5: How did you find out about this program?

Through my own Online Research

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all):

Other (please specify):
Shadowed cardio thoracic surgeon at Methodist hospital a few times per week. Scrubbed in and had hands-on surgical experience.

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

As a student interested in surgery, I found the experience invaluable to be able to shadow a surgeon in the hospital and observe what he/she does on a daily basis. I was also in a unique situation as I was married over the summer so I could not fully commit to a long research program. Shadowing this particular surgeon was a great experience as he let me scrub in to all his surgeries and allowed me to be a part of the surgical team. Best of all it was at my own schedule which worked wonderfully with my already busy summer.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify)
The surgeon was my assigned mentor though IUSM, I simply reached out and asked for shadowing experience.

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Please don't get "caught up" about what your classmates are doing and/or not doing. Do not fall into the habit of comparing yourselves to your respective cohort as that will only make first year and the duration of medical school more stressful. Work on learning together and helping one another get involved and master material. Best advice I have is to get a small study group of very close peers, even one other person, and get involved together and learn material together.
#61

**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

MAHE IUSM-Fort Wayne Summer Research Program

**Q2:** What would you classify your 2016 summer experience?

Basic Science Research

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

**Q4:** If you had to do it all over again, would you do this program again?

Yes

**Q5:** How did you find out about this program?

From the IUSM Office of Student Financial Services, From a student colleague

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

Find a program that will allow you to add to your CV as well as relax. There are plenty of options that will let you do both.
#62

Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME),

Volunteered at the Student Outreach Clinic in South Bend

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

HME allowed to me get hands-on experience in nearly every practice and field of medicine, so now I have narrowed down what type of medicine I want to practice to about 4 fields. It closed some doors that I thought would be great (like GI) and opened others that I hadn't considered (like family medicine).

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Whatever you do this summer, make sure that you WANT to do it. Do not spend all of your last bit of free summer doing something you really don't enjoy at all or don't want to do. Honestly, whatever you do this summer doesn't really have any effect on your application to residency unless you do something super crazy. So if you WANT to do research, then do it. If you WANT to just travel Europe, do that. But do not make the mistake of signing up for a program that you dislike and waste your precious summer.
<p>| Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? | Oxford, England Orthopedic Research Program |
| Q2: What would you classify your 2016 summer experience? | Clinical Research |
| Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. | Can get involved in any number of clinical research projects and shadow orthopaedic surgeons as much as you want - all while living in England and having lots of freedom to do as much traveling as you'd like |
| Q4: If you had to do it all over again, would you do this program again? | Yes |
| Q5: How did you find out about this program? | From the IUSM Office of Student Financial Services |
| Q6: What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates? | This is unpaid, but has been the best summer experience I could possibly imagine and I'd do it again 100 times out of 100. Don't let the &quot;unpaid&quot; part throw you off. |</p>
<table>
<thead>
<tr>
<th>Question</th>
<th>Response</th>
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<td>Other (whether you did something self-directed or nothing at all)</td>
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<td>Q2: What would you classify your 2016 summer experience?</td>
<td>Other (please specify) Prosection and instruction of gross anatomy lab</td>
</tr>
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<td>Respondent skipped this question</td>
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<td>Q4: If you had to do it all over again, would you do this program again?</td>
<td>Yes</td>
</tr>
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<td>Q5: How did you find out about this program?</td>
<td>Other (please specify) through professor</td>
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<td>Q6: What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</td>
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IUSM Student Research Program in Academic Medicine

**Q2:** What would you classify your 2016 summer experience?

| Basic Science Research, Other (please specify) Basic science, clinical research and physician shadowing |

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

| I really enjoyed the SRPinAM program because I was able to develop a strong relationship with my mentor and see how my research translated in the clinic |

**Q4:** If you had to do it all over again, would you do this program again?

Yes

**Q5:** How did you find out about this program?

From the IUSM Office of Student Financial Services

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

Respondent skipped this question
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<td>Hospital Medical Education Program (HME)</td>
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<td>Q2: What would you classify your 2016 summer experience?</td>
<td>Physician Shadowing Experience</td>
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<td>Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.</td>
<td>Respondent skipped this question</td>
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<tr>
<td>Q4: If you had to do it all over again, would you do this program again?</td>
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</tr>
<tr>
<td>Q5: How did you find out about this program?</td>
<td>From the IUSM Office of Student Financial Services</td>
</tr>
<tr>
<td>Q6: What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</td>
<td>Respondent skipped this question</td>
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Other (whether you did something self-directed or nothing at all)
Other (please specify)
Online program for graduate certificate in public health through the IUPUI Fairbanks School of Public Health

Q2: What would you classify your 2016 summer experience?

Other (please specify) Graduate public health courses

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

This online program involves taking 5 public health courses, epidemiology and biostatistics in the Maymester, and Social and Behavioral Sciences, the US Health Care System and Health Policy, and Environmental Health during the second summer session. If you're interested in the population health side of things in addition to individual health, this may be a good experience. I would say that this program allows for a fair amount of free time so that you would still get some relaxation over the summer. At the same time, I feel I learned a lot through this program.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Other (please specify)
One of the e-mails received describing summer opportunities

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Indy students- It can be ok to take some extra time off after an exam block (I'm assuming there will still be week-long exam blocks for first years) but I'd cap it at two days (not including weekend days).
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

- Other (whether you did something self-directed or nothing at all)

- Other (please specify)
  "Primary Care Summer Immersion Experience in Indianapolis for Bilingual Students;" Independent research project with IU faculty physician

Q2: What would you classify your 2016 summer experience?

- Physician Shadowing Experience

- Other (please specify)
  I both shadowed and did community-based research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked with Dr. Javier Sevilla on a community-based research project that examines barriers to healthcare access for the Hispanic community of Indianapolis. I wrote the research protocol and the IRB proposal, then worked to distribute surveys all over the city to collect feedback on healthcare access barriers. In addition, I shadowed Dr. Sevilla 3x per week and got to stay sharp on my clinical skills. I would recommend a project like this because I had a lot of freedom in terms of my day-to-day schedule, but also because it was a project I am passionate about.

Q4: If you had to do it all over again, would you do this program again?

- Yes

Q5: How did you find out about this program?

- Other (please specify)
  Through a faculty physician

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do something with your summer that is productive, i.e. shadowing, research, immersion experiences. But also make sure that whatever you get involved with is a flexible program, that it will allow you time to relax, and that it is something you're passionate about. Trust me, it is much easier to motivate yourself about a project or a problem that you have a vested interest in. Don't do "CV-boosting" things that will make you miserable--it's not worth it.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I have found that the HME program has been helpful to give me exposure to where different career paths can take me. This is information that I don't think that we're going to necessarily be receiving during clinical rotations during 3rd/4th year. Because some of the physicians work at most multiple hosp some of the physicians work at multiple hospitals, I was able to get fuel for a few different hospitals as well. Through this type of program you can also get an understanding of how the hospital system really works which is more beneficial and interesting than it might sound. Also definitely peaked my interest for a few specialties that wouldn't have been on my radar. It's incredibly helpful to spend a day or half a day with the physician and be able to have long conversations. I would definitely recommend the program.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Definitely do something over the summer to beef up your resume! Whatever you end up doing ask as many questions as possible
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

| Hospital Medical Education Program (HME) |

**Q2:** What would you classify your 2016 summer experience?

| Physician Shadowing Experience |

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

| Allowed me to experience many specialties and help narrow what I might want to pursue in the future |

**Q4:** If you had to do it all over again, would you do this program again?

| Yes |

**Q5:** How did you find out about this program?

| From the IUSM Office of Student Financial Services |

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

| Respondent skipped this question |
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Siteman Cancer Center Summer Opportunities Program

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Basic science research at Siteman Cancer Center at Barnes Jewish Hospital in St. Louis, associated with Wash U School of Medicine. Overall a good program but would not recommend for IUSM students because it is geared more for undergrads though there were a few med students in the program. Also, I didn't have a lot of freedom in terms of choosing a project. They just placed me based on my interests. Your research experience probably depended on where you were placed. I ended up liking my project but it was not what I had expected or requested. This is a very small program (only about a dozen students) and most of them are Wash U undergrad or med students. If I could do the summer again, I would choose a program geared specifically for med students and focuses on reaching students from many different schools. The program also includes lunch talks and tours of various facilities at Barnes Jewish Hospital.

Q4: If you had to do it all over again, would you do this program again?

No

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services
Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Apply to lots of programs! I recommend 10 or more. And also if you get into several programs, talk to people and figure out what you can expect from the program. Even apply to the most competitive places because you never know. Also, definitely talk to your lead advisor if you are planning to apply because he or she can help you with your resume and with rec letters.

Another thing, while this may be your last summer, it isn't the last time you get to have free time or do research. Just because you didn't get to do something you wanted to do this summer doesn't mean you can't do it in the future. There are elective rotations in third and fourth year where you can still do research. Don't get hung up on trying to make the summer amazing because it is your last. Just do something you think you'll enjoy and make the most of whatever you decide to do.

Words of wisdom for first year in general: You're awesome and don't let anything or anyone make you feel otherwise. You made it to med school and that's a huge accomplishment and privilege that only a few people have.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSM Student Research Program in Academic Medicine

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Doing research via SRP in AM provided an excellent understanding of how one could combine research and medical practice

Q4: If you had to do it all over again, would you do this program again?

Maybe

Q5: How did you find out about this program?

From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

If you don't know what you're looking at in a histological slide, it's probably a fibroblast
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (please specify)  Hme

**Q2:** What would you classify your 2016 summer experience?

Physician Shadowing Experience

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Relaxing, good preview of rotations

**Q4:** If you had to do it all over again, would you do this program again?

Yes

**Q5:** How did you find out about this program?

From the IUSM Office of Student Financial Services

**Q6:** What “words of wisdom” would you impart on your Class of 2020 classmates?

Don't work too hard
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Q2: What would you classify your 2016 summer experience?

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Q4: If you had to do it all over again, would you do this program again?

Q5: How did you find out about this program?

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Find what you like and do it. If you don't know what you like, do something and you will figure it out.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)
Family Medicine Externship at Deaconess Hospital (Evansville, IN)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I shadowed residents and physicians in the Family Medicine Residency Clinic through Deaconess Hospital down in Evansville, IN. The program consisted of five ~40-hour weeks of shadowing, where I was able to observe various aspects of the family medicine residency program, including internal medicine, pediatrics, OB/GYN, and the residency clinic. Each day consisted of morning rounds in the hospital, followed by a lunch conference at noon, and capped by an afternoon of shadowing in the residency clinic. Although the experience is mostly observational, I frequently had the opportunity to sharpen basic clinical skills, such as listening to heart sounds and conducting patient interviews. I enjoyed this program because it provided a good amount of clinical exposure, application of much of the new information I learned during first year, and also was the perfect length so that I could also enjoy a large amount of my last summer.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Worry less about what other people are doing and more about what YOU want and need to accomplish.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

IUSMNIDDK Medical Student Research Program in Diabetes

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

It allowed me to learn more about the less-discussed complications of diabetes and I recommend it to anyone who is interested in that particular subject.

Q4: If you had to do it all over again, would you do this program again?

No

Q5: How did you find out about this program?

Through my own Online Research, From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Don't be afraid to take the summer off to relax (or pursue an option that won't monopolize your entire summer). It's the last one, so enjoy it.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback.

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

A huge benefit of the Hospital HME program was getting paid. Honestly, this was a huge bonus for a medical student living off loans. It was also nice to be with a variety of doctors.

Q4: If you had to do it all over again, would you do this program again?

Maybe

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do what you truly want to do with your last free summer, not necessarily what you feel like you should do to pad your resume.
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

- Other (whether you did something self-directed or nothing at all)
- Other (please specify)
- Summer Internship with Carmel Specialty Surgery Center

**Q2:** What would you classify your 2016 summer experience?

- Physician Shadowing Experience

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

- It was a window into the hands-on aspect of medicine that isn't as prevalent in the first two years of medical school.

**Q4:** If you had to do it all over again, would you do this program again?

- Yes

**Q5:** How did you find out about this program?

- Other (please specify)
- Recommended by a family member

**Q6:** What “words of wisdom” would you impart on your Class of 2020 classmates?

Be sure to relax and unwind as part of your summer, don't drive yourself crazy feeling like you always need to be productive.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Study abroad in China through the IUPUI Confucius Institute

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

My program spent four weeks in China. For the first three weeks, I stayed at a university, studying Chinese language and culture. Three afternoons every week, I went to the medical school campus, and visited a different department of the hospital each day. The last week of the trip was a cultural tour to relevant sites around the country of China. I really enjoyed this experience, because I was able to see firsthand what healthcare looks like in another country. Due to the sheer number of patients, the hospital system also encounters more rare cases, so it was interesting to see some things which I might not encounter in a hospital at home. The trip also helped to make me more culturally aware, which is important during encounters with patients of different backgrounds. I would eventually like to be involved in international healthcare work, so this experience gave me the opportunity to see what that looks like.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Make sure you enjoy your last summer. Spend your time doing what you decide is important for you, but also leave some time for yourself, having fun and enjoying friends and family.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

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<td>The HME is a fantastic option for someone looking to get hands-on clinical experience that puts you ahead of the curve for your clinical years. I started IVs, removed suture &amp; staples, took patient histories, did cursory physicals, and mostly just got to ask my doctors hundreds of questions. This kind of learning really sticks.</td>
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<td>Q4: If you had to do it all over again, would you do this program again?</td>
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</tbody>
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Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Complaining feels good in the moment, but is overall toxic to the mental health of you and your fellow students. It's like pooping in a fishbowl. Medical school is awesome, that's why you kicked your own butt to get in. Love it! Refuse to whine about how hard it is, that will only makes things worse.

Psychologists have found that people who force themselves to smile when they feel crummy actually do start to feel better almost instantly. In other words, we’re not victims of our emotions! We can choose to act ourselves into a new way of thinking and feeling.

Study the slides. Study the slides. Study the slides. It is the source from which all test questions come. Study the slides.

If you don't use Sketchy Micro you have no one to blame but your own cheap self. Pay for your own subscription, too. Group accounts are unethical and lame: the guys who made this deserve compensation for their masterpiece. Being in debt doesn't give us license to become Scrooges.

We didn't become top students by running with the pack. In other words, none of us start med school gung ho about group studying. Odds are, you won't try it before your first round of exams no matter what upperclassmen say (I didn't). Just remember that it's an awesome option, if only for the psychological benefit of socializing a little.

If you're a dedicated Christian, don't forget to make time to pray and read the Bible. You probably spent a large amount of energy into putting God first and not getting absorbed by the world's way of doing things in undergrad. Don't let up now! He's got your back.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)
American College Of Rheumatology Preceptorship

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I spent 8 weeks following a Rheumatologist in Terre Haute, IN. I started off observing and then acted as a scribe. I would recommend this type of experience, because you will be able to interact with patients over multiple visits and be able to watch their progress. Also, you will be exposed to physical exam and history taking skills. However, I took some time off for myself as well. I went to California for a week to visit my fiancee and to Minnesota for a camp for children with various skin conditions. And lastly, don't study for step one!!! Use what you know now in a clinical setting and pick up what you can without the stress of truly studying.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Don't hurry through this summer, because you only live once. Many patients and people I talked with this summer told me to stay young. This doesn't mean be irresponsible or childish, but don't forget how to have fun and to make time for your passions. At the end of the day, people will call you doctor, but what will people call you for the other 16 hours?
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

This program allows students to shadow physicians in many different areas of medicine. It was a great experience because it enabled me to see specialties that I never would have thought that I would enjoy. Also, the program was only 6 weeks long, so I was able to take the rest of the summer off to just relax and catch up with friends.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services,
From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

DON'T STRESS about what to do with this summer! If you don't want to do anything, don't do anything. It is totally fine to just relax.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?  

Other (please specify)  
Northwestern University Feinberg School of Medicine/Rehabilitation Institute of Chicago 2016 Summer Extern Experience

Q2: What would you classify your 2016 summer experience?  

Integrated as part of a healthcare team

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.  

From the program web page: http://www.feinberg.northwestern.edu/sites/pmr/education/externinfo.html; This is an eight-week Summer Externship program, sponsored by the Department of Physical Medicine and Rehabilitation of Northwestern University Medical School. The externship program is held at the Rehabilitation Institute of Chicago (RIC), located in downtown Chicago. This program offers a unique and early clinical exposure related to the care of persons with acute and chronic disabilities for comprehensive rehabilitation. Primarily, students will assist in the clinical management of patients admitted to RIC. In addition, students will participate in a research project in a rehabilitation related field. There will be ongoing didactic and in-service efforts directed at the M1-M2 student level. Each student will spend two, four-week rotations on separate inpatient rehabilitation services and have the opportunity to observe and participate in related clinical activities. By the end of the externship, each student is expected to write a research paper and present his/her project to the extern group and invited departmental faculty. Each student will be awarded a $3,000 stipend for participation in this 8-week program.

Q4: If you had to do it all over again, would you do this program again?  

Yes

Q5: How did you find out about this program?  

From the IUSM Office of Student Financial Services
Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

This program is great for people interested in finding out more about Rehabilitation Medicine. The program can be as much (or little) as you make of it. I recommend really making use of your time there to get as much clinical exposure/experience as possible. You will have the opportunity to do physical exams, take histories, and present patients as you would during your 3rd and 4th years of medical school. The Medical Staff at RIC are amazing. The residents and attendings go out of their way to teach you, push you, and help you grow as a future healthcare provider.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)
Self-directed research in Oregon

Q2: What would you classify your 2016 summer experience?

Clinical Research,

Other (please specify)
Combination of clinical research and physician shadowing

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I worked on a clinical research project with a physician. The major benefit to me about this arrangement is that I got to simultaneously shadow the physician in clinic and the OR. As an out of state student, it was important for me to be at home for the summer, so I was really glad to have found this opportunity.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Through my own Online Research

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Don't be afraid to reach out to clinicians in the area you want to be for the summer! You will be surprised how receptive they are to helping your further your education, whether that be by shadowing them or assisting in research.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

HME is a summer shadowing program that provides a great opportunity to experience different specialties. The experience is useful in helping to guide 4th year elective choices, and eventually, specialty selection.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Make sure to stay engaged in medicine and keep your mind active during your last summer "off."
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Hospital Medical Education Program (HME)

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

As a young medical student with an open mind as to which field I ultimately want to pursue, this program allowed me to observe a variety of different fields and provided a foundation of clinical experiences. It also taught me about the practice of medicine in a rural community. Since the hospital I was at was not too far from Indianapolis, there were also many physicians from the IU Health System who work downtown or in the suburbs. I would recommend this program to anyone who is unsure about doing research over the summer, and would rather have a clinical experience. It is also great for students who are uncertain about what field they want to pursue. It was so nice to spend time with physicians and patients away from the books and remind you why you are doing this difficult thing known as medical school.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services, From a student colleague
Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Enjoy your time as a medical student. It is an exciting time on the path to becoming physicians and it is important to take one day at a time and not forget what got you here. Remember to put things in perspective and realize you are not going to know everything right away. Don't put yourself down and reach out for help if you need it, even if it is just talking through your problems with another student. You may be surprised to find out that they are having the same issues as you. You never alone. Also, do your best to not give up all of your hobbies and things you do for fun, because that is important for your sanity.
### Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

**IUSM Department of OB/GYN Summer Program**

### Q2: What would you classify your 2016 summer experience?

**Clinical Research**

### Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

I helped out with recruitment of patients for clinical research with the IUSM OB/GYN department. Once patients were recruited, I helped with clinic visits and processing of samples. Through the recruitment and program, I was able to be in the OB/GYN atmosphere and shadow/witness many daily activities within the labor and delivery floor of Eskenazi Hospital. In addition, I contributed to a paper involving drugs in pregnancy with my PI.

### Q4: If you had to do it all over again, would you do this program again?

**Yes**

### Q5: How did you find out about this program?

**From a student colleague**

### Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Don't feel like you have to do something during the summer -- it's totally what you believe you need to be able to come back in the fall rested and ready to start your MS2 year. Also, don't ever compare yourself to others, it will only hurt you in the long run!
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

AHEC Summer Program through the IUSM Dept of Family Medicine

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The AHEC program in Terre Haute, known as the Summer Hoosier Rural Preceptorship (SHRP) was a terrific program that allowed students to shadow primary care physicians and specialists of their choice. I was able to scrub in with an anesthesiologist and orthopedic surgeon, ride along with the Terre Haute paramedics, fly with the LifeLine crew, and shadow in rural emergency departments. The vast array of experiences made the program more enjoyable and expanded my knowledge in multiple areas. I was given the freedom to gather medical histories, come up with a diagnosis along side emergency physicians, and perform basic parts of the physical exam.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

A program such as the one I did really solidified why I am pursuing a career in medicine after a grueling first year of classroom learning.
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

- Other (whether you did something self-directed or nothing at all)
  - Other (please specify) Bill & Melinda Gates Foundation Intern

**Q2:** What would you classify your 2016 summer experience?

- Other (please specify) Global Health

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The Bill & Melinda Gates Foundation has a summer internship program that has traditionally been for MPH and MBA students, I was fortunate enough to be part of a program expansion in which they began accepting students from other degree programs. While I was the only medical student this summer, I believe they plan to continue to expand this program in the future. This is a 12 week internship where you are paired with a manager- mine was the Director of Integrated Development, who did his residency at IU! The day-to-day experience depends on your manager. Mine was very generous with his time and in allowing me to sit in on meetings for a few weeks until I began to understand the breadth and depth of his projects, then I was able to begin contributing to the team. I was also able to do some travel for work, including a trip to AMPATH! The Gates Foundation is a really unique place to work, and the internship program is set up extremely well. It provided many opportunities for making connections with both other interns and with Gates Foundation employees. As an added bonus, Seattle is an incredible city to spend a summer in!

**Q4:** If you had to do it all over again, would you do this program again?

- Yes

**Q5:** How did you find out about this program?

- Through my own Online Research

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

- Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback!

Other (whether you did something self-directed or nothing at all)

Other (please specify) Nothing at all

Q2: What would you classify your 2016 summer experience?

Just relaxed and did nothing (this is ok, too).

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Respondent skipped this question

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

Respondent skipped this question

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Do your best to stay up to date with work, and don't push yourself too hard.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

<table>
<thead>
<tr>
<th>Hospital Medical Education Program (HME)</th>
</tr>
</thead>
</table>

Q2: What would you classify your 2016 summer experience?

<table>
<thead>
<tr>
<th>Physician Shadowing Experience</th>
</tr>
</thead>
</table>

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

<table>
<thead>
<tr>
<th>I didn't receive a lot of clinical exposure during undergrad. The HME program was a great way to &quot;get my feet wet&quot; and see what different specialties were like before starting rotations. It was a great experience!</th>
</tr>
</thead>
</table>

Q4: If you had to do it all over again, would you do this program again?

<table>
<thead>
<tr>
<th>Yes</th>
</tr>
</thead>
</table>

Q5: How did you find out about this program?

<table>
<thead>
<tr>
<th>From a student colleague, Other (please specify) 2nd year at the time presented it to our class.</th>
</tr>
</thead>
</table>

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

<table>
<thead>
<tr>
<th>Your first year might seem like the most impossible task ever given, but just remember-1.others have gotten through it and 2. you wanted this and fought for it, so don't let it get you down and enjoy the journey!</th>
</tr>
</thead>
</table>
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify) SRPinAM

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Though this was our last “free summer”, I wanted to use this time to be productive, not only for my resume or residence application, but for myself to see what I am interested in and what I am not cut-out for. The SRP program provides shadowing experience which I used to see different fields. In addition, because I had 4 years of bench research experience, I wanted to expose myself to something I haven’t done before. So I ended up working in clinical research. I learned how integral clinical research is to practice as new treatment regiments, medications and instruments become standard care after several clinical studies.

Q4: If you had to do it all over again, would you do this program again?

Maybe,

Other (please specify)

Although I loved the experience and what I learned, the program starts the week after exams end and stops the week before school starts. I do understand this is to provide enough time for research in order to get data, but there isn’t enough time to unwind/relax after a grueling first year in medical school.

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Respondent skipped this question
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Q2: What would you classify your 2016 summer experience?

- Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Q4: If you had to do it all over again, would you do this program again?

- Yes

Q5: How did you find out about this program?

- Other (please specify) Family

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

- Respondent skipped this question
## Class of 2019 - 2016 Summer Experiences

| Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? |
|---|---|
| Q2: What would you classify your 2016 summer experience? |
| Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. |
| Q4: If you had to do it all over again, would you do this program again? |
| Q5: How did you find out about this program? |
| Q6: What "words of wisdom" would you impart on your Class of 2020 classmates? |

### IUSM Student Research Program in Academic Medicine

SRPinAM was a very good program if you are interested in learning how a researcher functions in the setting of Academic Medicine. I really enjoyed my experience. My mentor was an MD, yet he runs his own lab and goes to clinic 1 day per week. I really enjoyed learning from him about how a physician applies basic science research in the clinical environment. Although this was not my first lab experience, I learned a lot of new skills and was able to participate in lab meetings and attend department seminars, which were both new experiences for me. My mentor was very encouraging and talk me how to think more like a scientist. I really enjoyed this program and highly suggest it to future students.

<table>
<thead>
<tr>
<th>Q4: If you had to do it all over again, would you do this program again?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q5: How did you find out about this program?</th>
</tr>
</thead>
<tbody>
<tr>
<td>From the IUSM Office of Student Financial Services</td>
</tr>
<tr>
<td>From a student colleague</td>
</tr>
</tbody>
</table>

Q6: **What "words of wisdom" would you impart on your Class of 2020 classmates?**

Make sure that you do something that you are confident you will enjoy. I wanted to keep busy, so I chose a program that lasted the whole summer. But I do not regret this because I learned a lot and still had enough time to spend time with friends and family. Plus, I made connections with new people in both the laboratory and clinical settings that will be very beneficial for me in the future. This last summer can be whatever you make of it!
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify) Kidney TREKS

Q2: What would you classify your 2016 summer experience?

Basic Science Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Intensive nephrology course in Bar Harbor, Maine. One week taught by Harvard professors, all room and board included plus travel stipend. Conducted experiments throughout the day and presented findings to the entire group.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Respondent skipped this question
**Q1:** We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

**Hospital Medical Education Program (HME)**

**Q2:** What would you classify your 2016 summer experience?

**Physician Shadowing Experience**

**Q3:** Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

**Respondent skipped this question**

**Q4:** If you had to do it all over again, would you do this program again?

**Yes**

**Q5:** How did you find out about this program?

From the IUSM Office of Student Financial Services

**Q6:** What "words of wisdom" would you impart on your Class of 2020 classmates?

**Respondent skipped this question**
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Q2: What would you classify your 2016 summer experience?

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

A yeast lab at Purdue had developed proficiency in knocking out genes in S. cerevisiae, but wanted to branch out into knocking out Candida glabrata. I developed protocols for knocking out genes in C. glabrata using a variation of the method used in S. cerevisiae, as well as protocols for knocking out genes using CRISPR. By the end of the summer, I had knocked out a gene coding for an enzyme that plays a role in epigenetic response to azole drugs. Through this experience, I was exposed to the methods that science uses to discover things useful to doctors, especially in the field of infectious diseases. I also was exposed to a technology (CRISPR) that will likely play a large role in future medical advancements.

Q4: If you had to do it all over again, would you do this program again?

Maybe

Q5: How did you find out about this program?

From a student colleague, Other (please specify) The TA for biochemistry in West Lafayette works in a lab that was hoping to begin a new arm of research over the summer. I was willing and able to help start it.

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Pay close attention to the opportunities that the financial aid office emails to you throughout the year, but also look for the opportunities that surround you on your campus.
| Q1 | We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback? | IUSM Student Research Program in Academic Medicine |
| Q2 | What would you classify your 2016 summer experience? | Basic Science Research |
| Q3 | Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do. | If you ever want to see if you would be interested in basic science research apply to the SRP in AM! |
| Q4 | If you had to do it all over again, would you do this program again? | Yes |
| Q5 | How did you find out about this program? | Other (please specify) I asked Jose Espada |
| Q6 | What "words of wisdom" would you impart on your Class of 2020 classmates? | The goal of medical school is finding your inner physician. Somethings might come easy other things hard. Avoid comparing yourself to others, try your hardest to avoid this. Accept your strengths and weaknesses and then get to work fine tuning your strengths and improving where you are week. That you are here means irrefutably that you can do it! |

Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all),

Other (please specify)
traveled to Israel on Birthright and traveled to Restoration Gateway in Uganda to volunteer at the orphanage and shadow at the medical clinic

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

My time traveling a great experience which solidified my desire to be a doctor. In Israel I was able to take personal time to learn more about myself and my family, which I really needed after a tough first year. After finishing first year I felt as if I had forgotten why I wanted to go through all of the stress of medical school, but taking time to rediscover myself and relax a bit helped remind me of my dreams. My time in Uganda was spent interacting with orphans, learning about a new culture, being exposed to the importance of public health, mental health counseling and giving back to communities that need help. I was able to shadow a Ugandan doctor, as well as some physicians and surgeons from the USA. I appreciated the opportunity to learn more about tropical diseases and the complications associated with diseases which are readily treated in the US. I was reminded of how unbelievably lucky we are to live in a society where medication and simple medical supplies (like bandages and alcohol swabs) are readily available. Seeing how important organization and supplies are to treat medicine made me more passionate about figuring out a way to work with underserved populations.

Q4: If you had to do it all over again, would you do this program again?

Yes
### Question 5: How did you find out about this program?

- By accident,
- Other (please specify)
  - I met people who were going to Restoration Gateway, and asked to join their team after hearing about their past experiences

### Question 6: What “words of wisdom” would you impart on your Class of 2020 classmates?

Find something you are passionate about, and start working toward that passion. It doesn't have to be your ultimate passion, but working toward something you care about makes it easier to manage stress and any challenges that come your way.
<table>
<thead>
<tr>
<th>Q1:</th>
<th>We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Q2:</td>
<td>What would you classify your 2016 summer experience?</td>
</tr>
<tr>
<td>Respondent skipped this question</td>
<td></td>
</tr>
<tr>
<td>Q3:</td>
<td>Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.</td>
</tr>
<tr>
<td>I was able to engage in clinical research and have a productive summer. I also was able to shadow.</td>
<td></td>
</tr>
<tr>
<td>Q4:</td>
<td>If you had to do it all over again, would you do this program again?</td>
</tr>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>Q5:</td>
<td>How did you find out about this program?</td>
</tr>
<tr>
<td>From the IUSM Office of Student Financial Services</td>
<td></td>
</tr>
<tr>
<td>Q6:</td>
<td>What &quot;words of wisdom&quot; would you impart on your Class of 2020 classmates?</td>
</tr>
<tr>
<td>This is your last summer, make it productive and fun and try not to think about medical school for 3 months.</td>
<td></td>
</tr>
</tbody>
</table>
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

<table>
<thead>
<tr>
<th>Type of Summer Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pediatric Oncology Education (POE) Program</td>
</tr>
</tbody>
</table>

Q2: What would you classify your 2016 summer experience?

<table>
<thead>
<tr>
<th>Classification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Research</td>
</tr>
</tbody>
</table>

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

<table>
<thead>
<tr>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>I was part of the Pediatric Oncology Education program at St. Jude Children's Research Hospital. I can't recommend this experience more. The opportunities you get at this 10 week program are probably better than any other opportunity you'll get. Major benefits include many shadowing opportunities, working with top-notch researchers and facilities, and daily lunch and learn lectures from St. Jude faculty.</td>
</tr>
</tbody>
</table>

Q4: If you had to do it all over again, would you do this program again?

<table>
<thead>
<tr>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
</tbody>
</table>

Q5: How did you find out about this program?

<table>
<thead>
<tr>
<th>Source</th>
</tr>
</thead>
<tbody>
<tr>
<td>Through my own Online Research, From the IUSM Office of Student Financial Services</td>
</tr>
</tbody>
</table>

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

<table>
<thead>
<tr>
<th>Words of Wisdom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Congratulations and good luck! This will probably be some of the hardest and most stressful thing you have done, but you can do it. Don't forget why you are here, and remember to take some time off for fun :)</td>
</tr>
</tbody>
</table>

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Class of 2019 - 2016 Summer Experiences
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

AHEC Summer Program through the IUSM Dept of Family Medicine

Q2: What would you classify your 2016 summer experience?

Physician Shadowing Experience

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

The summer shadowing program through AHEC allowed me to interact and learn from doctors and nurse practitioners at my local hospital. This experience allowed me to better understand how medicine is conducted and how hospitals are ran. It was a good learning experience as well as an easy way to procure funds to pay for summer expenses.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From the IUSM Office of Student Financial Services

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

It's good to get some experience in hospitals and with research but try to schedule some time off to do things you enjoy.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback?

Other (whether you did something self-directed or nothing at all)

Other (please specify)

Intern with Infection Prevention at Methodist Hospital

Q2: What would you classify your 2016 summer experience?

Clinical Research

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

As an intern, I was responsible for auditing patient records regarding pre-operative protocols meant to improve surgical outcomes.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

By accident

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

It will all be okay. Do what you need to do the summer after your first year. That is what is most important.
Q1: We want to compile a list of the different summer experiences that the Class of 2019 participated in during the 2016 summer. We have been asked to give a presentation on summer opportunities at the Class of 2020 Orientation and having a sense of what students did this summer and their description of their experience would be extremely helpful. Please indicate below the type of summer program you participated in and as you work through the survey, please add any pertinent comments that will help the Class of 2020 understand the type of experience you had this summer. Looking forward to your feedback!

Q2: What would you classify your 2016 summer experience?

Q3: Please provide a brief description of your 2016 summer program and why you recommend the program to the Class of 2020. Compose your description as if you were addressing a first year student and point out one major benefit you received from participating in the program. (The more you write about the experience, the better for the students to understand its benefits). Again, any experience is welcomed. So, if you did nothing, what kind of nothing did you do.

Q4: If you had to do it all over again, would you do this program again?

Yes

Q5: How did you find out about this program?

From a student colleague

Q6: What "words of wisdom" would you impart on your Class of 2020 classmates?

Respondent skipped this question