

Client's Bill of Rights

You, the client, have the right to:

- Receive respectful treatment that will be helpful to you.
- Receive a particular type of treatment, or end treatment, without obligation or harassment.
- A safe environment, free from sexual, physical, and emotional abuse.
- Report unethical and illegal behavior by a therapist.
- Ask questions about your therapy.
- Request and receive full information about the therapist's professional capabilities, including licensure, education, training, experience, professional association membership, specialization, and limitations.
- Counseling services provided by the IUSM Counseling Services and Wellness office are provided at no additional fee to the medical students, residents and fellows.
- Refuse electronic recording, but you may request it if you wish.
- Refuse to answer any questions or disclose any information you choose not to reveal.
- Know the limits of confidentiality and the circumstances in which a therapist is legally required to disclose information to others.
- Know if there are supervisors, consultants, students, or others with whom your therapist will discuss your case.
- Request, and in most cases, receive a summary of your file, including the diagnosis, your progress, and type of treatment.
- Request the transfer of a copy of your file to any therapist or agency you choose.
- Receive a second opinion at any time about your therapy or therapist's methods.
- Request that the therapist inform you of your progress.

Indiana University School of Medicine Counseling Services & Wellness has a strong commitment to meeting the needs of diverse people. In all counseling activities, programs, and outreach services we strive to create an environment where all people feel welcome. As a staff, we attempt to facilitate mutual respect and understanding among people of diverse characteristics such as age, color, ethnicity, gender, language, marital/parental status, mental and physical ability, national origin, race, religion, socioeconomic status, sexual/affectional orientation or veteran status.

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